



Captain Richard J. Fromholtz USN, Ret.

September 21, 1937 - January 22, 2022

Captain Richard J. Fromholtz USN, Ret. passed away the morning of January 22, 2022, in Summerville, SC. He was born on September 21, 1937, in Massillon, OH. He was the only child of John L. Fromholtz and Irene M. Fromholtz. He was a graduate of John Carroll University where he earned a B.S. degree in Social Sciences. Captain Fromholtz joined the Navy and later earned his MBA in Business Administration. Captain Fromholtz's sea assignments included: USS Manatee, USS Hammerberg, USS Glennon. He was the Commanding Officer of the USS Fortify, USS Joseph Hewes, and while stationed in Charleston, SC he was Commanding Officer of the Fleet and Mine Warfare Training Center. His Duty stations were San Diego, Ca, Long Beach, Ca, Norfolk, Va, Washington, DC, Newport, RI, and London, UK. The Navy brought Fromholtz to Charleston, SC several times. His last tour was in Charleston, SC where he retired after 30 years of service. Captain Fromholtz supported such organizations as the Trident United Way (while in the Navy)

Charleston Habitat for Humanity, Florence Crittenton Programs of SC, but his passion was always with the outreach of the Catholic Church in Summerville, SC where he and his family resided. Founding member of St. Theresa the Little Flower Church, he participated in many ministries and was an active member of several parish committees well into his 80's. Having made a significant contribution to the people of the Catholic Diocese of Charleston in his many years of ministry within the Diocese, the Holy Father Pope Francis conferred upon him the Papal honor the Benemerenti Medal, meaning "good merit" on March 7th, 2021 at the Catholic Cathedral of Saint John the Baptist in Charleston, SC. Evening Vespers were celebrated by The Most Reverend Robert E. Guglielmone, D.D. He is survived by his wife of 54 years, Sunday Fromholtz, daughter Elizabeth Bernstein (spouse Tom), his beloved granddaughter Sophia Bernstein, brother-in-law Tino Balio (spouse Mary). A gathering of family and friends will be held on Wednesday, January 26, 2022 from 5 o'clock to 7 o'clock at James A. Dyal Funeral Home. A funeral mass will be held on Thursday, January 27, 2022 at 2 o'clock at St. Theresa the Little Flower Catholic Church, 11001 Dorchester Rd., Summerville, SC 29485. Burial will be at a later date at Beaufort National Cemetery. In lieu of flowers, the family requests donations be made to St. Jude Children's Research Hospital or the parish he so loved, St. Theresa the Little Flower Catholic Church, 11001 Dorchester Rd., Summerville, SC 29485. A memorial message may be written to the family by visiting our website at www.jamesadyal.com.

ARRANGEMENTS BY JAMES A. DYAL FUNERAL HOME, 303 SOUTH
MAIN STREET, SUMMERVILLE, SC 29483 (843)873-4040.

Previous Events

Gathering of Friends & Family

JAN **26**. 5:00 PM - 7:00 PM (ET)

James A. Dyal Funeral Home
303 S. Main Street
Summerville, SC 29483
(843) 873-4040
<https://www.jamesadyal.com>

Funeral Mass

JAN **27**. 2:00 PM (ET)

St. Theresa the Little Flower Catholic Church
11001 Dorchester Rd
Summerville, SC 29485
(843) 875-5002

Tribute Wall



“ James A Dyal Funeral Home created a Tribute Video in memory of Captain Richard J. Fromholtz USN, Ret.



James A Dyal Funeral Home - January 26, 2022 at 02:37 PM



“ Captain Richard J. Fromholtz USN, Ret.

September 29, 2022 at 10:11 AM

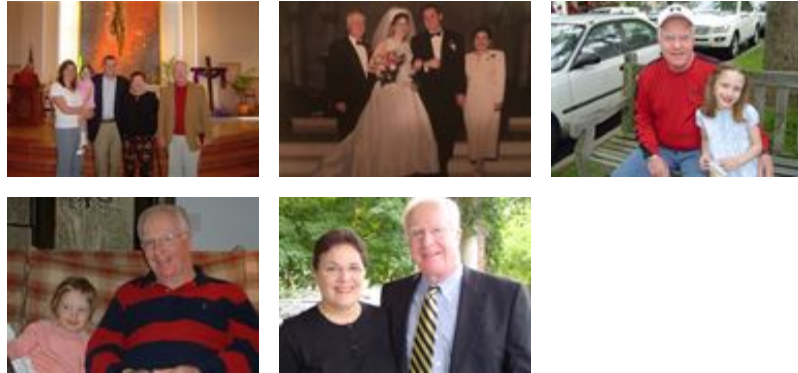


“ A fine man. I enjoyed our chats at the commissary and now wish I had gotten that bag of peanuts for him to use while he sat on the bench. My prayers for you, Sunday, and your family.
David Foiles

David Foiles - January 27, 2022 at 07:41 PM



“ 29 files added to the album *Life Tributes*



James A Dyal Funeral Home - January 26, 2022 at 02:34 PM



“ *Hillary and I send sincere condolences to Sunday and her family. We know Dick is in heaven chatting with John about the gym and how much they both enjoyed breakfast at Perkins. Love to all. Peggy and Hillary.*

Peggy Meintjes - January 25, 2022 at 06:57 PM



“ *JoAnna Miller purchased the Lavender Reflections Spray for the family of Captain Richard J. Fromholtz USN, Ret..*



JoAnna Miller - January 24, 2022 at 04:42 PM

RR

“ Sunday and Elizabeth,

Joyce and our family want to express our heartfelt sympathy upon hearing of Dick's final deployment. He was truly a great man, full of care for his fellowman and devoted to his family.

I know this is a tough time for you both. We stand ready to help in any way should you need assistance.

Robert Rish

Robert Rish - January 24, 2022 at 11:03 AM

DC

“ *I was saddened to learn of Dick's passing. May he Rest In Peace. Prayers for you, Sunday, Elizabeth and family. Be strong, be strong and may God give you strength. Cherish the memories you made together.*

*Love, peace and prayers,
Debbie Cusher*

Deborah Cusher - January 24, 2022 at 07:43 AM